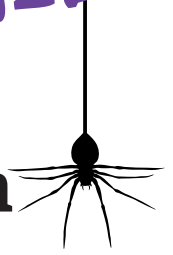


Milton
INDEPENDENT

MONSTER MILE

1 Mile and 5K Fun Run/Walk/Stroll
Bombardier Park, Milton, Vermont

Participant Registration Form



Event Information

Join the Milton Independent for the Monster Mile and 5K, a fun run/walk/stroll for the whole family -- adults, kids and pets! Come out in your Halloween best to support a good cause; we choose a different beneficiary each year. Visit www.miltonindependent.com/monstermile for more details. Prizes awarded for best costumes!

Rules & Regulations

Runners: Principles of good sportsmanship apply at all times. Please adhere to crossing guard and police officers' directions at road crossings.

Walkers: Please let faster participants pass you.

Costumes are encouraged, but must be safe and provide a full field of vision and not impede other participants. Monster Mile organizers retain the right to refuse any participants' costumes that are deemed unsafe or immoral.

Event Location

The event begins in front of the new pavilion in Bombardier Park West in Milton.

Registrant Information

Registration Option: Individual - \$10 Couple - \$15 Family of 4 - \$25

Family - Additional Members - \$5 ea Youth Team - \$5 (per person)

Race Option: 1 Mile 5K

Payment Option: Check* Online at www.miltonindependent.com/monstermile

First Name _____ Last Name _____

Address (Street or PO Box, etc.) _____

City/Town _____ State _____ Zip Code _____

Phone (_____) _____ Email _____

If registering as a couple, family, or team, please provide additional names and ages below:

* Checks should be made payable to the Milton Independent Monster Mile.
Checks can be mailed with registration form to 281 No Main Street Saint Albans, VT 05478

(More on reverse)

Waiver

Entry invalid if not signed.

In consideration of the acceptance of this registration entry, I, the undersigned, assume full and complete responsibility for any injury or accident, which may occur during my participation in the event, or while I am on the premises of this event. I hereby release and hold harmless the Milton Independent Monster Mile Organizers or any of its sponsors, organizers, volunteers, or other entities associated with this event and their agents or employees from any and all injury or damage whether such injury or damage be caused by the negligence, the gross negligence, or misrepresentation of the sponsors, promoters, contributors, or any other person or entity associated directly or indirectly with the event, or their agents or employees. I will not enter or participate unless medically able and properly trained. I also know that, although police protection will be provided, there may be traffic on the course route. I assume the risk associated with this event, including but not limited to cold weather, and the conditions of the roads, all such risks being known and appreciated by me. Fees are non-refundable. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion picture, recordings, or any other record of the event. I understand that it is at the discretion of the Milton Independent Monster Mile committee to cancel or alter race for any reason that could potentially endanger the participants.

I have read the foregoing and certify my agreement or my parent or guardian if under 18.

Signature _____ Date _____

Completed form and registration fee by can be submitted to:

Milton Independent
281 No Main Street
Saint Albans, VT 05478

For more information about the event visit: www.miltonindependent.com/monstermile

*Contact the Milton Independent at (802) 893-2028 or email
news@miltonindependent.com with any questions*